

*Bethel NYO Schedule  
April 18 & 19, 2008*

**Friday – April 20**

*11:30-12:30 Lunch*

<i>10:00 pm</i>	<i>Coaches Meeting</i>
<i>11:00 pm</i>	<i>Kneel Jump</i>
<i>12:00pm</i>	<i>Wrist Carry</i>
<i>1:00 pm</i>	<i>Two Foot High Kick</i>
<i>3:00 pm</i>	<i>Toe Kick</i>

*4:00 – 5:00 Dinner*

<i>5:00 pm</i>	<i>Alaska High Kick</i>
<i>6:00 pm</i>	<i>One Foot High Kick</i>
<i>8:00 pm</i>	<i>Indian Stick Pull</i>

**Saturday – April 21**

*8:00 am Breakfast*

<i>9:00 am</i>	<i>Stick Pull</i>
<i>10:30 am</i>	<i>One Arm Reach</i>

*12:00 - 1:00PM Lunch*

*1:00-2:00 pm Seal Hop*

*2:00 Awards*

*Teams Depart 3:00pm*