

LKSD COVID-19 Guidelines
Effective 03/15/2024

LKSD utilizes the CDC's COVID-19 guidance to guide the district's prevention decisions. Additionally, LKSD ensures that each community school follows local COVID-19 ordinances, should they include more stringent mitigation strategies than the district's.

There are several **recommended everyday preventative actions** that schools and ECE programs can easily implement on an ongoing basis. These include:

Staying Up to Date on Vaccinations	Staying up to date on routine vaccinations is essential to prevent illness from many different infections.
Staying Home When Sick	People who have symptoms of respiratory or gastrointestinal infections, such as cough, fever, sore throat, vomiting, or diarrhea, should stay home.
Ventilation	Optimize ventilation and maintain improvements to indoor air quality to reduce the risk of germs and contaminants spreading through the air.
Hand Hygiene and Respiratory Etiquette	Teach and reinforce proper handwashing to lower the risk of spreading viruses. Teach and reinforce covering coughs and sneezes to help keep individuals from getting and spreading infectious diseases.
Cleaning	Clean surfaces routinely to reduce the risk of germs spreading by touching surfaces.

When a school or ECE program is experiencing an outbreak, the following layered prevention strategies may be considered:

Masking	At a high COVID-19 hospital admission level, universal indoor masking in schools and ECE programs is recommended.
Testing: Diagnostic	Schools and ECE programs may offer diagnostic testing for students and staff with symptoms of COVID-19 or who were exposed to someone with COVID-19 in the K-12 or ECE setting, or refer them to a community testing site, healthcare provider, or to use an at-home test.
Testing: Screening	At a high COVID-19 hospital admission level, K-12 schools and ECE programs may consider implementing screening testing for students and staff for high-risk activities (for example, close contact sports, band, choir, theater); at key times in the year, for example before/after large events (such as prom, tournaments, group travel); and when returning from breaks (such as holidays, spring break, at the beginning of the school year).

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Management of Cases and Exposures	<p>If you test positive for COVID-19, stay home and return to normal activities when your symptoms improve, and continue improving over 24 hours, and you do not have a fever without having used fever-reducing medications.</p> <p>Once isolation has ended, it is recommended to wear a well-fitting mask around others through day 10.</p>
Household Close Contacts	<p>Household close contacts of COVID-19 positive individuals should monitor themselves closely for symptoms. If they test positive, they should follow the guidance listed above.</p>
Considerations for High-Risk Activities	<p>At a high COVID-19 hospital admission level, schools and ECE programs may consider implementing screening testing for high-risk activities such as indoor sports and extracurricular activities.</p>
Considerations for K-12 Residential Dorms	<p>CDC recommends shared housing facilities follow the general population guidance.</p>

Additional information on the CDC's guidance for respiratory viruses can be found [here](#).